Dynamics of dendritic calcium transients evoked by quantal release at excitatory hippocampal synapses

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Abstract

Synaptic N-methyl-D-aspartate (NMDA) receptors detect coincident pre- and postsynaptic activity and play a critical role in triggering changes in synaptic strength at central synapses. Despite intensive study of synaptic plasticity, relatively little is known about the magnitude and duration of calcium accumulation caused by unitary events at individual synapses. We used fluorescence imaging to detect NMDA receptor-mediated miniature synaptic calcium transients (MSCTs) caused by spontaneous release of synaptic vesicles in dendrites of cultured hippocampal neurons. MSCTs originated focally in dendritic regions <1 μm in length and decayed with a time constant of 0.35 ± 0.03 s. Multiple occurrences of MSCTs recorded at single sites had fluctuating amplitudes, with a coefficient of variation of 0.34. From the reduction in the spatial spread of MSCTs with decreasing concentration of indicator dye, we estimated that the dominant endogenous calcium buffer in dendrites is relatively immobile (diffusion coefficient between 10 and 50 μm²/s). We conclude that calcium rise caused by spontaneous quantal synaptic NMDA receptor activation (i) is variable, (ii) lasts for a time period briefer than previous measurements indicate, and (iii) is confined by endogenous calcium buffers to local dendritic regions even when synapses are not on spines.

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Methods

Calcium Imaging. Hippocampal neurons were cultured by using the methods described previously (19). Cultures were allowed to mature for 10–20 days before recordings were made. For imaging, coverslips containing neurons were transferred to a chamber mounted on a movable stage of a Zeiss WL microscope. The extracellular medium contained 137 mM NaCl, 2.5 mM KCl, 2 mM CaCl₂, 10 mM Hepes (pH adjusted to 7.3–7.4 by adding NaOH), 10 mM glucose, 0.001 mM tetrodotoxin, 0.01 mM 6,7-dinitroquinoxaline-2,3-dione, and 0.01 mM picrotoxin. Patch pipettes containing 120 mM KGlu, 10 mM KCl, 5 mM Mg-ATP, 0.3 mM GTP, 10 mM NaCl, and 50, 200, or 400 μM fluo-3 were used to introduce dye into the cell and to obtain whole-cell recordings. Dye concentration (as estimated by fluorescence intensity) in all but the smallest processes appeared to equilibrate within 15 min after achieving whole-cell configuration. In some early experiments, coverslips containing neurons grown for 7–21 days were labeled by using the AM-ester form of fluo-3 (10 μM, for 20 min). Imaging was commenced after at least 30 min of wash, allowing for deesterification of the fluo-3 AM. No electrophysiological recordings were made in these experiments.

Images were acquired by using the Bio-Rad MRC-600 confocal laser-scanning microscope (488-nm line for excitation, 510-nm long-pass filter for fluorescence emission; ×40, 0.75-numerical aperture water immersion objective). After an area of interest was found, images were acquired in the line-scan mode, which allowed a temporal resolution of 4 ms. Images were analyzed with custom-written software by using MATLAB (Mathworks, Natick, MA). Regions of interest were defined and pixels were averaged for each line scan, yielding 1 point every 4 ms.

FM1-43 Labeling. In some experiments, to visualize functional synapses, we used the styryl dye FM1-43. After imaging with fluo-3, a depolarizing solution (40 mM KCl) containing 10 μM
solution was made hyperosmotic by adding 100 mM sucrose. This rate of spontaneous EPSCs, in some experiments the bathing one per min per synapse in these cells (20, 21). To increase the rate of spontaneous excitatory postsynaptic currents (EPSCs) of them. Transients at distinct locations indicates a local origin for each of times in dendritic regions 1 and 2. The independence of the two intensity recorded at two sites, labeled 1 and 2, is shown in Fig. 1. The fluorescence in the dendrites was sometimes nonhomogeneous, which is typical with the AM-ester loading protocol. When this field was observed in the frame-scan mode for 32 s (0.4 s between frames). Several sites exhibited MSCTs, sometimes more than once. When the same field was imaged for the same duration after perfusion with medium containing 50 µM D-APV, transients were not observed. Finally, upon reperfusion with normal saline, MSCTs were detected at the same sites. This block of MSCTs by D-APV was observed in four of four cells.

NMDA Receptor Activation Is Required for MSCTs. Our principal evidence that MSCTs are caused by activation of NMDA receptors is that they were abolished by the addition of the antagonist D(-)-2-amino-5-phosphoropentanoic acid (D-APV) to the medium. Fig. 2a shows a typical example in which a field of dendrites was imaged in the frame-scan mode for 32 s (0.4 s between frames). Several sites exhibited MSCTs, sometimes more than once. When the same field was imaged for the same duration after perfusion with medium containing 50 µM D-APV, transients were not observed. Finally, upon reperfusion with normal saline, MSCTs were detected at the same sites. This block of MSCTs by D-APV was observed in four of four cells.

A second line of evidence that suggests the requirement of NMDA receptor activation for MSCT is as follows. When a field of dendrites was imaged in the presence of 1.3 mM Mg²⁺ and 5 mM Ca²⁺, with the soma clamped at −70 mV, no transients were observed in dendrites close to the soma (observation was restricted to proximal dendrites, less than 30 µm from the soma, to minimize space clamp problems). At this voltage, the magnesium block of NMDA receptors should prevent calcium entry (19, 22). The same field was visualized after the clamp voltage was switched to −30 mV. We used this voltage because according to equation 5 of Jahr and Stevens (23) and equation 1 of Jahr and Stevens (24), maximum calcium influx through NMDA receptor channels should occur at about −30 mV. At this holding potential, MSCTs were observed at multiple sites (Fig. 2b), led to an increased frequency of occurrence of MSCTs, providing further evidence for a synaptic origin of MSCTs.
In the previous experiments, we could not exclude the possibility that voltage-gated calcium channels contribute to calcium rises. To test whether voltage-gated calcium channels were required for the occurrence of MSCTs, we imaged dendrites in the presence of extracellular CdCl₂ (50 μM). CdCl₂ does not significantly affect the frequency or amplitude of miniature EPSCs (25). MSCTs continued to occur after addition of CdCl₂, which indicated that the activation of voltage-gated calcium channels was not required for MSCTs. Under normal operating conditions, however, it is possible that voltage-gated calcium channels provide additional calcium influx if sufficient local depolarization occurs.

**MSCTs Occur at Functional Release Sites.** In nine experiments, after visualizing calcium transients, we labeled the same dendritic field with FM1-43 to identify the location of functional synapses. Hyperkalemic solutions were used for staining and destaining synaptic terminals. Previous studies by us (18, 26) and others (17, 27) have demonstrated that the punctate fluorescent spots observed under these conditions correspond to synaptic release sites. In Fig. 3, a differential interference contrast image of a dendritic field is shown along with fluo-3 fluorescence image as well as FM1-43 fluorescence. The time course of fluorescence intensity in three boxed areas indicated that transients were observed in some areas of the dendrites (Fig. 3 Upper Right). An FM1-43 image of the same field revealed punctate fluorescence along the dendrite.

FM1-43 puncta were observed at dendritic sites that exhibited MSCTs in nine of nine experiments. In five cases, a single FM1-43 spot could be assigned to an MSCT. In the other four cases, two or more spots were within 3 μm of each other. Because the frame-scan mode was used for these experiments, the time resolution of MSCT imaging was not sufficient to allow a unique assignment of the MSCT to FM1-43 puncta. In all cases, the number of FM1-43 puncta within the imaged field exceeded the number of MSCT sites. There are at least three plausible reasons why this might be the case. (i) Most of the synapses have low spontaneous rates of release (21) and, therefore, might not have released any vesicle spontaneously during the period of MSCT imaging; however, these same synapses would be labeled with FM1-43 because they would have higher rates of release during the strong depolarizing stimulus used for FM1-43 labeling. (ii) The postsynaptic sites apposed to some of the FM1-43 labeled boutons might be lacking functional NMDA receptors. (iii) Finally, some sites might have produced MSCTs that were below the threshold of detection during fluo-3 imaging.

**Time Course and Spatial Spread of MSCTs Along the Dendrite.** From 20 experiments, we obtained 38 MSCTs by using the line-scan imaging mode. Because this method provided high spatial and temporal resolution, we could measure the total duration of each MSCT at its origin (defined by a 1-μm length of dendrite). Fig. 4a shows an example of multiple MSCTs recorded at a single site. The detection criteria for MSCTs were an increase in fluorescence greater than 2 SDs above baseline noise, a rapid rise time, and sustained increase for more than 50 ms. MSCTs were assigned to the spatial site where the rise time was the fastest. Although many MSCTs exhibited exponential decay, others had a more complex time course, which may arise from delayed NMDA receptor channel openings (9). We estimated the time constant of decay for MSCTs that had a clear exponential decay phase. In addition, we estimated the total duration for all MSCTs as follows. Once an MSCT was detected, the onset was defined as the point when the calcium fluorescence deviated from baseline by more than 1 SD, and a similar criterion was applied for return to baseline. For 20 MSCTs with clear exponential decay, the average time constant was 0.35 ± 0.03 s, and the average duration of all 38 MSCTs was 0.84 ± 0.07 s. The distribution of MSCT duration is shown in Fig. 4b. For the 20 MSCTs that had a clear exponential decay, the time constant and total duration were tightly correlated (Fig. 4b Inset), validating the use of total duration as a meaningful measure. The less than a second time course is unlikely to be determined by dye kinetics because much faster calcium transients could be observed in these cells—for instance, action potential-evoked calcium rise, in the presence of synaptic blockers, lasted for less than 0.3 s (time constant, ≈0.1 s). In addition, there was only a small difference between duration measured at the MSCT origin with 50 and 200 μM fluo-3 (0.77 ± 0.11 and 0.92 ± 0.14 s, respectively). Note that, in contrast, the space-averaged calcium transients are longer and of lower amplitude with increasing indicator concentration.
spread to more than 5 μm on either side of the origin. The location with the fastest rise time was defined to be the origin; the percentage change in fluorescence was also the largest at that location (Fig. 5b). At locations away from the origin, the transients were of lower amplitude and had slower rise times. These observations are consistent with the idea that the increase in calcium occurred focally and spread by diffusion to adjacent dendritic areas. Voltage spread because of passive or active electrotonic decay would occur within a fraction of milliseconds, so the observed spatial dispersion cannot be accounted for simply by electrotonic decay.

We were able to describe the dynamics of calcium transients by using a simple model of diffusion in a uniform cylinder (see Appendix). The rate at which the spread of calcium was significantly distorted by the mobility of the indicator dye, we repeated the diffusion measurements at a lower dye concentration. The apparent mobility of calcium measured by using fluorescence imaging will be dominated by the indicator dye if its buffer capacity is similar to or greater than the endogenous buffer capacity (28, 29). By decreasing the concentration of indicator, we decrease its buffer capacity and its influence on the mobility of calcium. From five experiments using 50 μM fluo-3, we estimated the average D_{app} of 61 ± 19 μm²/s (mean ± SD), which was significantly smaller than the value at 200 μM fluo-3 (Fig. 5D). Three experiments using 400 μM fluo-3 yielded an average D_{app} of 108 ± 14 μm²/s, which was not different from the value at 200 μM fluo-3. By extrapolating linearly, we determined that in the absence of exogenous buffers, the apparent diffusion coefficient of calcium (bound to endogenous buffers) will be less than 50 μm²/s. This is probably a conservative estimate, because more realistic considerations using a buffered diffusion model (see Appendix) provide an estimate for D_{app} of 21 μm²/s (95% confidence interval of 10–36 μm²/s). This indicates that the dominant buffer in the dendrites of these neurons is not very mobile. With our estimates of endogenous buffer mobility, calcium entering through NMDA receptors at a single synaptic site will spread only to 2 μm on either side of the entry site before the concentration drops to less than 25% of the peak value.

Variability of MSCT Amplitudes. Unitary EPSCs mediated by α-amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA) receptors at single hippocampal synapses show a large variability (30–34), and K. McAllister and C. Stevens (personal communication) find a similar large variability for NMDA receptor-mediated currents at single synapses. The variability of MSCTs will reflect, at least in part, the variability of NMDA responses. Although imaging in the frame-scan mode was desirable to obtain a large number of MSCTs, it did not afford enough temporal resolution to localize the origin of multiple MSCTs to within 1–2 μm. In the absence of such localization, we could not differentiate between MSCTs originating less than 5 μm apart. Therefore, to ensure that we were looking at MSCTs from the same site, we performed fast line-scan imaging along the axis of the dendrite (see Fig. 5). This, however, precluded extended imaging because of photodynamic damage caused by repeated line scan at the same location. In 12 experiments, we were able to record 2 or more MSCTs at the same location. Because recordings were performed across different conditions in different neurons, we could not simply compare the amplitudes of fluorescent transients (which are affected by parameters such as local dye concentration) across cells. We calculated the coefficient of variation (CV) of MSCTs at each site and obtained the average CV across all sites. Assuming that the variability is homogeneous across sites, this average will provide a good estimate of the underlying true value. The average CV from the 12 sites was 0.36. The observed variability is the sum of the measurement noise and the underlying biological variability (the variances are additive). Taking into account the measurement variability, which had a coefficient of variation of 0.13, the actual CV is 0.34, which we take as the best estimate of the CV of MSCTs. For comparison, the coefficient of variation of AMPA currents at single synaptic boutons of cultured hippocampal neurons has been estimated to be between 0.33 (ref. 34) and 0.5 (ref. 30). Remarkably, our measure of CV coincides with the estimate from another study measuring NMDA-mediated calcium transients in dendritic spines of CA1 pyramidal cells in slices (14).

Discussion

Spontaneous miniature EPSCs represent the postsynaptic response to single synaptic vesicles and constitute the fundamental unit of synaptic transmission. The evoked response at single active zones of central synapses, in many cases, is caused by the release of a quantum (31, 35). Therefore, a study of spontaneous synaptic activity can provide insights into the consequences of evoked release. We have imaged MSCTs in cultured hippocampal neurons and demonstrate that they are similar to those...
recently described in cultured neocortical neurons (8, 9). Using this technique, we addressed several issues regarding synaptic function. First, we find that the time course of the transients is more rapid than reported previously (8, 9) probably because of the low concentration of indicator dye that we used. Second, we provide quantitative estimates for the longitudinal spread of the calcium transient along the dendrite and for the mobility of endogenous buffers. Third, we show that the postsynaptic calcium signal at single synapses is variable. Finally, we provide direct evidence for the synaptic localization of these transients by using the styryl dye FM1-43 and demonstrate the feasibility of optically separating pre- and postsynaptic events at the same synapse.

Because we were able to image MSCTs at a temporal resolution of 4 ms, we could provide quantitative estimates for the range and speed of diffusion of calcium originating at a single synapse. We estimate that under native conditions, MSCTs will be confined locally, spreading only to 2 µm from the origin before calcium concentration is reduced to less than 25% of the maximal value at the origin. Because synapses are typically around 3 µm apart in our preparation (V.N.M. and C.F.S., unpublished observations), it appears that calcium rises because of activation of a single synapse can be restricted to individual sites even in the absence of spines. The spread will depend on the mobility and buffering capacity of endogenous calcium buffers. We have estimated that the endogenous buffers are fairly stationary, with a diffusion constant of 21 m²/s. One previous report made a qualitative observation that dendritic calcium buffers are likely to be of low mobility based on the lack of washout of endogenous calcium buffering by whole-cell patch pipettes (36). In our experiments also, significant washout of fast, mobile buffers probably does not occur because the spatial spread of MSCTs is similar whether calcium indicator dye is mobile buffers probably does not occur because the spatial spread of MSCTs is similar whether calcium indicator dye is loaded with patch pipette or when using the AM-ester form of the dye. A recent report has estimated the buffer mobility in large diameter axons of Aphis californica to be low (D ≤ 16 µm²/s; ref. 29).

In our study, because of the low dye concentrations used (necessary for good temporal resolution), in most cases we were unable to resolve spines. If, as seems likely, many of the MSCTs we imaged were from synapses made directly on dendritic shafts, our findings may be directly relevant to developing synapses, which occur mainly on dendritic shafts (37, 38), and to synapses on aspiny neurons. The dynamics of calcium at single synapses, in particular within spines, has been a subject of speculation (recently reviewed in ref. 39). Because calcium entry into postsynaptic elements after synaptic activation is a trigger for long-term changes in synaptic strength, the extent of spread of calcium could determine the extent to which neighboring synapses are independent. Several recent studies have indicated that calcium rises indeed can be confined to dendritic spines when synaptic activation is subthreshold for action potentials (12–15). The previous study of MSCTs in cultured cortical neurons concluded that the calcium rises were not confined to spines (8, 9). It seems likely that at least part of the apparently high mobility of calcium observed in that study might be attributed to added mobile buffer in the form of indicator dye that was 300 µM or greater. At this concentration, our estimates indicate that the apparent spread of calcium will be more than 5 µm on either side of the origin. The most recent studies of evoked calcium transients in spines of CA1 pyramidal neurons using multiphoton microscopy indicated that these are quite brief and are confined to individual spines (14, 15).

An important new finding of our study is the colocalization of the origin of MSCTs and FM1-43 puncta, which correspond to functional release sites (16–18). In all experiments, there were functional release sites close to the origin of MSCTs, supporting the idea that MSCTs are indeed synaptic in origin. Although in many cases we were able to identify a single release site at the origin of MSCT, in some cases several boutons were found in close proximity to the origin of MSCT. Preliminary data (not shown) indicated that the frequency of MSCTs at a given dendritic site is correlated with the intensity of FM1-43 fluorescence at that site. Because the FM1-43 intensity is a measure of the size of the recycling pool of presynaptic vesicles, our finding suggests that the frequency of spontaneous release may be determined in part by the size of the recycling pool of vesicles.

In summary, we have used an optical method for detecting the activation of a single synapse to infer the properties of unitary synaptic events. We find that the calcium rise induced by activation of a single synapse is localized, probably because of low mobility of calcium buffers. Calcium accumulation shows trial-to-trial variability. Finally, we show that functional pre- and postsynaptic properties can be studied at the same synapse.

Appendix
The following model was constructed to account for the observed spatiotemporal dynamics of calcium. Calcium entry was assumed to occur at a point source in a cylinder and follow the time course of the NMDA currents in these neurons (40). Assuming rapid equilibration in the radial direction (because of the small diameter of the dendrites), we need to consider only diffusion along the axis of the dendrite. Buffering by immobile and mobile buffers (including the indicator dye) was taken into account by introducing an effective diffusion coefficient for calcium (41). We also included a single kinetic parameter for irreversible removal of calcium and assumed that this process has simple first-order kinetics (42). The equation describing the concentration of calcium is

$$\frac{\partial C(x, t)}{\partial t} = D_{app} \frac{\partial^2 C(x, t)}{\partial x^2} - \lambda C(x, t),$$

where $C(x, t)$ is the concentration of calcium at position $x$ and time $t$, $D_{app}$ is the effective diffusion constant for calcium, and $\lambda$ is the rate of loss of calcium (pumps and sequestration mechanisms). The solution of this equation for a brief input of calcium such that at $t = 0, C = C_0$ at $x = 0$, and everywhere else $C = 0$ is given by:

$$C(x, t) = \frac{C_0}{\sqrt{4 \pi D_{app} t}} e^{-x^2/4D_{app} t} e^{-\lambda t}.$$

If the time course of NMDA currents is

$$I(t) = A(e^{-t/\tau_1} - e^{-t/\tau_2}),$$

where $A$ is a constant and $\tau_1 = 10$ ms and $\tau_2 = 250$ ms are time constants obtained from electrophysiological recordings in these neurons (40), then the time course of calcium concentration is given by convolving Eqs. 2 and 3.

$$C(x, t) = \int_0^t C(x, \tau) I(t - \tau) d\tau.$$

The solution (Eq. 4) has five free parameters: $\tau_1$ and $\tau_2$, the two time constants used to describe NMDA currents, $D_{app}$ diffusion constant of calcium, $\lambda$, the rate of loss of calcium to buffers, and $K$, a normalizing factor (the products of all other constants including $C_0$ and $A$). Of these, the time constants for NMDA current were fixed by using previous data (40), leaving three parameters. The data in Fig. 5 could be well fitted by the diffusion model, with the following parameters: $D_{app} = 90$ µm²/s; $\lambda = 8$ s⁻¹; $K = 3.2$. The average value of $D_{app}$ from five separate dendritic sites measured with 200 µM fluo-3 was 97 ± 2 µm²/s.

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21 μm²/s (mean ± SD). Similar measurements with 50 μM fluo-3 yielded a value of 61 ± 19 μm²/s (mean ± SD) for $D_{app}$. The apparent diffusion constant is a function of endogenous calcium buffers as well as added buffer in the form of fluo-3. We used the relation derived by Wagner and Keizer (41) to estimate calcium buffers as well as added buffer in the form of fluo-3. We

$$D_{app} = \frac{D_{Ca} + D_{x} \kappa_{x} + D_{f} \kappa_{f}}{1 + \kappa_{x} + \kappa_{f}},$$

where $D_{Ca}$, $D_{x}$, and $D_{f}$ are the diffusion coefficients of free calcium, endogenous buffer, and fluo-3 respectively, and $\kappa_{x}$ and $\kappa_{f}$ are the calcium-binding ratios (28) of endogenous buffer and fluo-3.

$$\kappa_{x} = \frac{[X]_{0}K_{d}}{(K_{d} + [Ca]_{rest})(K_{d} + [Ca]_{bound})},$$

where $[X]_{0}$ is the total concentration of buffer $X$, $K_{d}$ is the dissociation constant, $[Ca]_{rest}$ is the resting concentration of calcium, and $[Ca]_{bound}$ is the average concentration of calcium during an MSCT. The relation (5) holds if the following conditions are met: (i) there is a local equilibrium between the buffers and free calcium and (ii) the diffusion coefficients of the bound and unbound buffer are identical. The first condition essentially requires that the maximal calcium elevation is small compared with the dissociation constant of the mobile buffers. In Eq. 5, the values for some variables are known from previous experiments or from present data: 223 μm²/s for $D_{Ca}$ (ref. 43); 130 μm²/s for $D_{f}$ (ref. 29). In our experiments, we estimated $D_{app}$ at three different concentrations of fluo-3, and the corresponding values of $\kappa_{x}$ are 42, 167, and 333 (calculated from 50, 200, and 400 μM fluo-3 used in our experiments by using a dissociation constant of 0.4 μM, resting calcium concentration of 0.2 μM, and average calcium concentration during an MSCT of 0.4 μM). The least-squares fit of Eq. 5 to data in Fig. 5d using values indicated above allowed us to estimate $D_{f}$ and $\kappa_{x}$, which are 21 μm²/s and 75, respectively. The 95% confidence interval for $D_{f}$ was 10–36 μm²/s.

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